

October

10

My study record

Oct.

週計

	Sun	Mon	Tue	Wed	Thu	Fri	Sat	
	29	30	1	2	3	4	5	/5
								/5
								/5
	6	7	8	9	10	11	12	/7
								/7
								/7
	13	14	15	16	17	18	19	/7
								/7
								/7
	20	21	22	23	24	25	26	/7
								/7
								/7
	27	28	29	30	31	1	2	/5
								/5
								/5

Building your muscles will build your confidence.