

November

11

My study record

Nov.

週計

	Sun	Mon	Tue	Wed	Thu	Fri	Sat	
	27	28	29	30	31	1	2	/2
								/2
								/2
	3	4	5	6	7	8	9	
								/7
								/7
								/7
	10	11	12	13	14	15	16	
								/7
								/7
								/7
	17	18	19	20	21	22	23	
								/7
								/7
								/7
	24	25	26	27	28	29	30	
								/7
								/7
								/7

Building your muscles will build your confidence.