

My study record

Jul.

週計

July	Sun	Mon	Tue	Wed	Thu	Fri	Sat
7	29	30	1	2	3	4	5
	6	7	8	9	10	11	12
	13	14	15	16	17	18	19
	20	21	22	23	24	25	26
	27	28	29	30	31	1	2

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Building your muscles will build your confidence.